

produce a cytotoxic effect on tumour cells.¹⁰ Systemic immunosuppression in transplant patients does probably not result in complete local immunosuppression; therefore, the inflammatory response with endovesical BCG could be effective. In deciding whether to use BCG in transplant patients, we should take into account the benefit of tumour control against the potential risk of graft loss or ineffective treatment.¹³

CONCLUSIONS

- Treatment with intravesical BCG in our patient with high grade superficial transitional cell carcinoma of the bladder was effective and did not experience adverse effects.
- It is possible that intravesical BCG in immunosuppressed patients with carcinoma *in situ* is a good treatment option.

Conflicts of interest

The authors declare that they have no conflicts of interest related to the contents of this article.

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Focal segmental glomerulonephritis in patients with pulmonary sarcoidosis

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To the Editor:

Sarcoidosis may induce interstitial granulomatous nephritis (15%-40%), abnormalities in the calcium-phosphorus balance (hypercalciuria 50%, hypercalcaemia 10%), distal tubulopathy with diabetes insipidus, obstructive uropathy and membranous glomerulonephritis (GN); to a lesser extent membranoproliferative, mesangial or focal segmental glomerulonephritis (FSGN). We report a relevant case.

Our patient is a 35-year-old Moroccan male, with no previous illnesses. He sought consultation due to proteinuria. Physical examination without findings. Blood test plasma creatinine 1.1mg/dl, creatinine clearance 97ml/min/1.73m², non-selective glomerular proteinuria 3.67g/d. Albumin 3.9mg/dl, cholesterol 239 mg/dl, urine analysis with proteinuria 300mg/dl and microhaematuria. Red blood cell sedimentation rate 8mmHg 1st hour, viral serology, tumour markers, thyroid profile, immunology, protein electrophoresis, serum and urine protein immunoelectrophoresis, hepatopancreatic profile and chest radiograph normal. Renal ultrasound with kidneys of 110 and 114mm and conserved cortex. Renal biopsy (Figure 1) showing 7 glomeruli: 3 sclerotic, 4 with hyaline segmental lesions, cellular proliferation and synechia, mesangial expansion, fibrosis and grade I/III tubular atrophy, lymphoplasmacytic interstitial infiltrates. Arteries and arterioles without lesions. In the direct immunofluorescence: IgM and C'3 deposits in the mesangium. Electron microscopy (EM) was not conducted. When he was diagnosed with FSGN, he was treated with angiotensin converting enzyme inhibitors (ACEI). At 3 months proteinuria had decreased to 1g/d. Dual blockade was started (ACEI and angiotensin

II receptor antagonists). At 6 months, the glomerular filtration rate (GFR) remained stable and proteinuria was at 0.5-0.7g/day. At 12 months, he started to experience abdominal pain, diarrhoea, vomiting and increased amylase. Computerised tomography (CT) of the chest and abdomen was performed, revealing lateral cervical, axillary, hilar, mediastinal and liver hilar lymphadenopathy and centrilobular nodules. Bone series and thyroid profile normal, serology for Epstein-Barr virus, cytomegalovirus, rubella, brucellosis, syphilis and toxoplasma and tumour markers negative, angiotensin converting enzyme 46.3U/l (range 20-70), 25OH vitamin D₃ 15.3ng/ml, 1-25 di(OH) vitamin D₃ 45.4ng/ml (range 18-78), intact parathyroid hormone 30pg/ml (range 15-60), urinary calcium 40mg/d, phosphaturia 732mg/d, calcaemia 10mg/dl, phosphataemia 3.0mg/dl. Bronchoscopy with bronchoalveolar lavage and needle aspiration of mediastinal lymph node cellularity showing macrophage predominance. Transbronchial biopsy suggestive of non-necrotising granulomatous inflammatory process, accumulations of histiocytes and giant multinucleated cells. Zhiel-Neelsen and Lowenstein culture negative. Bronchoalveolar lavage with lymphocyte predominant cellularity and increased CD4/CD8 ratio. With sarcoidosis being diagnosed, treatment with prednisone began and was maintained for 12 months. He evolved favourably. CT at 6 months revealed disappearance of mediastinal lymphadenopathy and parenchymal involvement. After 24 months, the GFR remained stable, proteinuria of 0.5g/d was maintained and there were no relevant incidents.

The association between sarcoidosis and FSGN dates back to 1978.¹ Only 7 cases are described in PubMed¹⁻⁷ (Table 1). They affect 50% of males, with a mean age of 37.8 years. In all, proteinuria was in the nephrotic range. Renal failure only occurred in 2 cases and both progressed to the

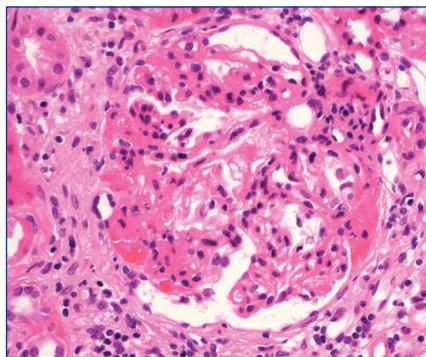


Figure 1. Focal segmental glomerulosclerosis. Optical microscope. Haematoxylin and eosin (x400).

end stage, requiring haemodialysis and subsequently a kidney transplant. In all cases, the response to pulmonary symptoms was good, however this was not the case for the evolution of proteinuria, which remained in a nephrotic range in 4, decreased quantitatively in 2 and was resolved in 2 others. GN diagnosis after sarcoidosis diagnosis occurred in 50% of cases. In all biopsies there was glomerular sclerosis, focal segmental lesions and hyalinosis. There was only tubular atrophy in 5, interstitial inflammatory infiltrates in 4, synechiae and increased mesangial

Table 1. Summary of published cases of focal segmental glomerulonephritis associated with sarcoidosis.

Case	Sex/age	Race	GN presented with respect to sarcoidosis	GFR	Proteinuria in nephrotic range	Treatment	Renal response: GFR/proteinuria	Follow-up Period	Associated symptoms
Lee (1978)	M/26	ζ	S	C	Yes	Cs+ CP	Stable/non-nephrotic	18 month	HBP
Godin (1980)	M/40	ζ	S	C	Yes	Surgery	Stable/nephrotic	12 months	HBP, unilateral renal artery stenosis, retroperitoneal fibrosis
Hakaim (1992)	F/28	N	1 year post	D	ζ	Cs	TRF→ HD→TxR	60 months	Hypercalcaemia, optic neuritis
Peces (1993)	M/31	ζ	S	C	Yes	Cs	Stable/complete resolution	9 months	-
Veronese (1998)	F/29	ζ	7 months post	D	Yes	Cs	TRF→ HD→TxR	48 months	Hypercalcaemia
Altıparmak (2002)	F/58	N	23 months post	C	Yes	None	Stable/non-nephrotic	-	-
Polaina (2007)	F/56	W	11 years post	C	Yes	Cs+ CP	Stable/nephrotic	12 months	Psoriasis, oligoarthritis, osteoporosis, treatment with methotrexate
Martín (2012)	M/35	Á	1 year pre	C	Yes	Cs	Stable/resolved	12 months	No

Á: Arab; W: white; C: conserved; CP: cyclophosphamide; Cs: corticosteroids; D: renal failure; GFR: glomerular filtration rate; GN: glomerulonephritis; HD: haemodialysis; HBP: high blood pressure; ESRF: end-stage renal failure; F: female; B: black; S: simultaneous; PTE: pulmonary thromboembolism; TxR: kidney transplant; M: male.

matrix in 3, periglomerular fibrosis in 2 and negative direct immunofluorescence in 2 with deposits of IgG in 1, C'3 in 4, IgM in 4 and C'1q in 1 case located in the mesangium and subendothelium. EM was only performed in 2 cases, both revealed podocyte fusion and lack of immune complex. In just one² of the cases described, renal interstitial granulomas were found with 12.5% involvement, lower than that reported in literature (15-40%). The good evolution of GFR and proteinuria with conservative treatment was notable and it did not improve by adding corticosteroids for their lung disease.

This association can be paradoxical. In sarcoidosis, there is an immune imbalance with upregulation of the TH1 pathway, and in FSGN upregulation of the TH2 pathway.^{8,9} However, in late stages TH17 predominates, inducing secretion of interleukin 17¹⁰ favouring the development of fibrosis. Cardiotrophin-like cytokine 1, involved in the development of FSGN, is increased in pathway TH17,¹¹⁻¹³ which may be the link between both.¹¹

We present the case of a patient with FSGN onset who that year was diagnosed with sarcoidosis, with good pulmonary and renal evolution on treatment with corticosteroids and blockade of the renin-angiotensin-aldosterone system.

Conflicts of interest

The authors declare that they have no conflicts of interest related to the contents of this article.

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Long-term renal prognosis of typical haemolytic-uraemic syndrome suffered in infancy

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To the Editor:

Renal damage suffered in infancy in the haemolytic-uraemic syndrome (HUS) may determine long-term renal prognosis. We report a relevant case.

Our patient is a 33-year-old woman. When she was 9 months old, she suffered typical HUS that required acute peritoneal dialysis for 15 days, resulting in subsequent full recovery of renal function. She was discharged from consultations when she was 16 years of age. Since then, she has had no other relevant illness. Normotensive. She sought consultation due to progressive proteinuria with 5 years of evolution was determined by urine test strip. She is a woman of normal size, height 167cm, weight 67kg, blood pressure: 123/80. No oedema. The remainder was without findings. In complementary tests: CRP was 0.89mg/dl, creatinine clearance was 87ml/min, non-selective glomerular proteinuria was 292mg/dl (2.29g/d) urine analysis with absence of microhaematuria. Cholesterol was 252mg/dl. Total protein was 6.8g/d, albu-