

El mecanismo de la toxicidad muscular no es del todo conocido. Las estatinas pueden interferir en la síntesis de la coenzima Q10 (CoQ10 o ubiquinona) involucrada en la producción de energía de las células musculares⁸.

La clínica muscular se presenta normalmente en las primeras semanas o meses, pero como en nuestro caso, puede ocurrir en cualquier momento. En una serie que revisó 44 casos, la duración media del tratamiento antes de los síntomas fue de 6,3 meses (rango: 0,25-48). La resolución se produjo al suspender la medicación tras una media de 2,3 meses (rango: 0,25-14)⁹.

Es destacable, también, la lista de otros fármacos que tomaba nuestra paciente: un antiinflamatorio no esteroideo, un antagonista de los receptores de la angiotensina y un diurético. Esta combinación es la que en la terminología anglosajona se ha denominado «Triple whammy» y que se ha asociado a mayor incidencia de FRA¹⁰. En nuestro caso es plausible que estos otros fármacos contribuyeran a la disminución del FG y a la presentación de la necrosis muscular.

En resumen, este caso ilustra la necesidad de la juiciosa evaluación de los riesgos y beneficios a la hora de prescribir fármacos a ancianos con ERC, que debe ser estadiada mediante la estimación del FG. La presentación de rabdomiólisis por estatinas se puede producir en cualquier momento de la evolución. La asociación con determinados fármacos puede potenciar su toxicidad.

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<http://dx.doi.org/10.1016/j.nefro.2015.08.009>

Acute renal colic: Beyond kidney stones

Cólico renal agudo: más allá de los cálculos renales

Dear Editor,

A 59-year-old woman without relevant past medical history presented with hematuria and renal colic. After a negative diagnostic work-up, sickling vaso-occlusive crisis in the setting of sickle cell trait (SCT) was diagnosed. This report aims to

raise awareness that SCT should be included in the differential diagnosis of unexplained hematuria and/or renal colic.

Renal abnormalities are frequently described in patients with sickle hemoglobinopathies, but SCT patients (heterozygous carriers, with one sickle cell gene and one normal gene) are mostly asymptomatic.¹ However sickle cell crisis can occur if the patient is exposed to hypoxic conditions, high altitude

and intense physical exercise.¹ Acute events include vaso-occlusive crises such as papillary necrosis of the kidney, ischemic stroke and infections.²

A 59-year-old Caucasian woman presented with dark-red urine and colicky pain in the left flank. She had no fever, dysuria, urinary urgency and no history of trauma, nephrolithiasis or additional episodes of hematuria. She was of Asian ascendancy and had non-consanguineous parents. Her medical history was unremarkable, except for hypertension. Her chronic medication consisted of candesartan/hydrochlorothiazide and she denied non-steroidal anti-inflammatory drugs use.

Physical examination revealed modest overweight, blood pressure of 110/60 mmHg, no evidence of hepatosplenomegaly, although left costovertebral tenderness was noted.

Laboratory tests showed normal blood cell counts, coagulation parameters, electrolytes, and renal and hepatic tests. No rhabdomyolysis nor hemolysis were present. Urine dipstick revealed a specific gravity of 1.010, 3+ hemoglobin and no protein; the microscopic exam showed 168 red blood cells per high power field, but no casts or white blood cells. Urine cultures, including for mycobacteria, were negative. She had no anomalous cells in cytology and a normal cystoscopy. A computed tomography scan (Fig. 1A-C) suggested renal papillary necrosis and excluded other abnormalities. There were no criteria for diabetes mellitus. Hemoglobin's electrophoresis showed the presence of an abnormal hemoglobin (Fig. 2) which was subsequently documented to be HbS. A molecular study revealed a heterozygosity for the hemoglobin sickle mutation of the β -globin gene (HBB:c.20A>T) establishing a diagnosis of SCT.

Clinical findings resolved after conservative therapy with rest, hydration and analgesia. The patient was recommended to avoid circumstances that may precipitate vaso-occlusive crises. Her daughter was referred for genetic testing.

SCT is generally asymptomatic, although occasionally associated with significant morbidity, including papillary necrosis.¹ It is a highly prevalent recessive illness, mainly found in African but also in Asian populations.³ In SCT patients, HbS is abnormally found with plasma concentrations typically between 35% and 45% of total hemoglobin.⁴

Hematuria is the most common complication¹ of SCT, but the usual etiologies, such as stones, urinary tract infections or neoplasms should be considered first. Hence, initial testing must include urine analysis, culture, cytology and imaging studies. In SCT patients, occlusion of small vessels by sickled blood cells, causes microthrombi and ischaemia.² In the kidneys, this obstruction is predominantly apparent in the renal papilla due to their marginal blood supply. Papillary necrosis can be difficult to diagnose. The presence of sloughed papillae in the urine examination is diagnostic, but has low sensitivity.⁵ In our patient an ultrasound and a tomography scan allowed the diagnosis. Treatment is usually conservative, but adjuvant therapies (desmopressin or epsilon-amino caproic acid) can be of benefit.¹ Most severe cases may require arterial embolization or surgical exploration. The outcome is generally good but the patient must be informed about avoidable precipitating conditions and genetic counseling.²

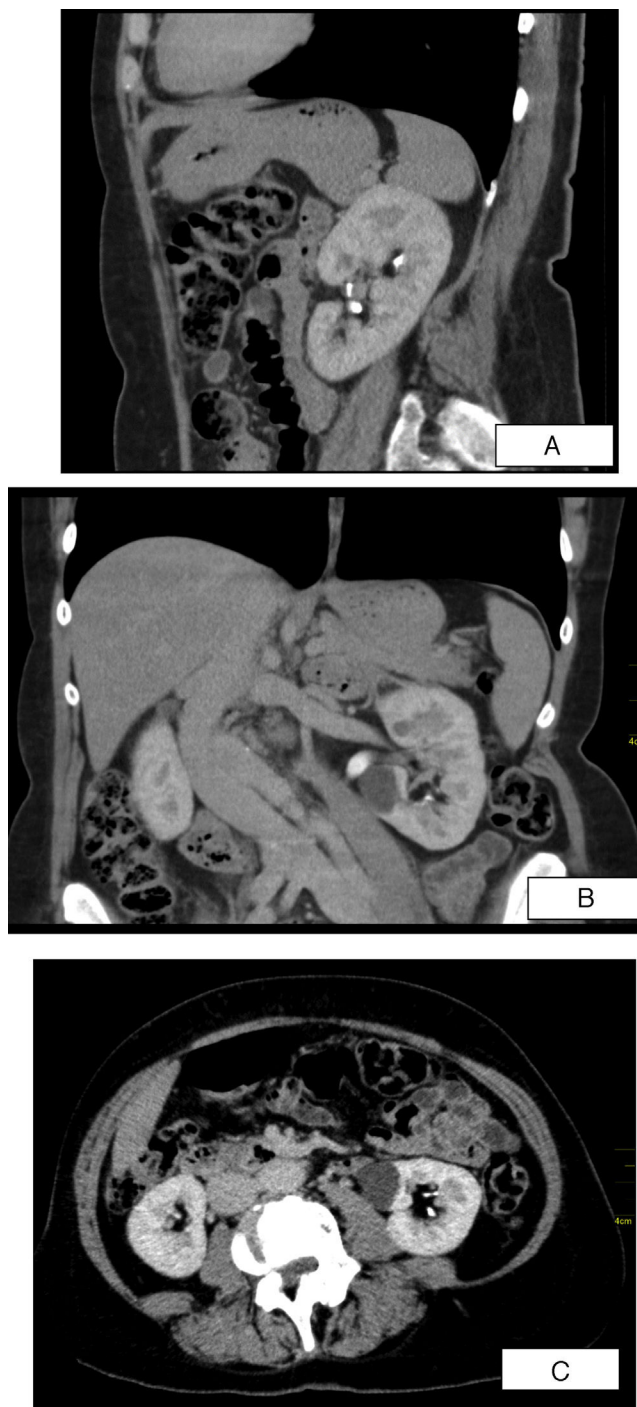


Fig. 1 – A, B, C: Sagittal, coronal and axial sections of abdominal computed tomography revealing structural heterogeneity of the left renal parenchyma with diminished enhancement at the tip of the medullary pyramid and the presence of small cavities filled by contrast on the borders of the small calices – aspects highly suggestive of papillary necrosis ischemia.

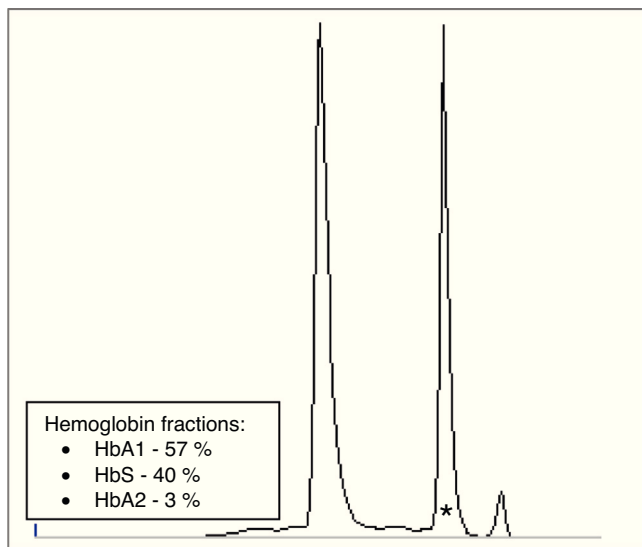


Fig. 2 – Hemoglobin electrophoresis (cellulose acetate): amino acids substitution in hemoglobin variants alter charge and subsequently hemoglobin's mobility pattern. Presence of an abnormal hemoglobin variant in Z5 region, compatible with HbS (*).

Hemoglobin's electrophoresis should be part of the diagnostic work-up of renal colic and/or hematuria, namely in patients whose etiology has never been established.

Conflict of interest

The authors declare that they have no conflicts of interest related to the contents of this article.

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<http://dx.doi.org/10.1016/j.nefro.2015.09.001>

Pielonefritis enfisematosa en trasplantado renal. Reporte de un caso

Emphysematous pyelonephritis in a renal transplant recipient. A case report

Sr. Director:

La pielonefritis enfisematosa (PNE) es una enfermedad necrosante del riñón, rara, y aún más en pacientes trasplantados renales. Se caracteriza por la presencia de gas en el parénquima renal, el espacio peri-renal o en las vías urinarias, como consecuencia de un proceso infeccioso, causado en la mayoría de los casos, por microorganismos productores de gas, como el *Escherichia coli* (más del 80% de los casos) o la *Klebsiella pneumoniae*, debido a la fermentación mixta de glucosa¹. En más

del 80% de los casos ha sido descrita en pacientes diabéticos. La obstrucción del tracto urinario es claramente un factor de riesgo para la PNE, y afecta más al sexo femenino, con un ratio de 4:1². La mortalidad por PNE es primariamente atribuida a complicaciones sépticas, casi el 78% a finales de 1970, pero en las 2 últimas décadas, se ha reducido al 21% debido a las mejoras en las técnicas de manejo³.

La presentación clínica más característica es la de una pielonefritis severa, que rápidamente progresa a sepsis con fallo orgánico múltiple. El *gold standard* para el diagnóstico y la estadiación es la imagen por TAC¹.